

# THE SFC POST



*"Cor Unum, anima una"*



## POEM OF HALF TERM

**Yes, there's life,  
and yes, there are moments,  
but some moments  
are so good  
that they deserve a life  
of their own.**

Written by Ryan Poetry



Chosen by Emily

**This poem summarises our value of the half term - Appreciation.**

# HEAD GIRL'S REVIEW

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## Goodbye from Former Head Girl Ella...

My year as Head Girl has been exciting, busy, and jam-packed. It has been a real privilege to represent St. Francis' and be able to get to know the students as well as meeting and spending time with parents, SLT, Heads of other ILG schools and the Governors.

I have thoroughly enjoyed my time as Head Girl; I have learned the importance of confidence, friendliness and leadership. The role has taught me to how to develop as a person, exploring new ideas, managing feedback and learning when you have to stand up for what you believe is right.

As Head Girl, my focus has been on the welfare and success of the students. I hope I have encouraged students to recognise all their achievements, whether big or small, academic or not. Recognising the successes of others, as well as yourself is such an important skill to have and I hope that I have been able to encourage a celebration of achievements.

When I introduced myself a year ago, I said that I had a passion for dance, as a hobby that I had pursued for many years outside of school. I can proudly say that I still love dance and the school have recognised the importance of it, introducing it into the curriculum from next academic year, as well as many other new subjects across GCSE and A Levels, including film, law, sociology and business. I am over the moon that dance has been recognised as a subject that many of our students adore and this passion can be nurtured within the school environment, giving them the ability to achieve a qualification in it.

There has been a lot of exciting highlights that have occurred during my time as Head Girl, and there are always lots of events to look forward to in the school. So, before I leave you, here are a few events that have happened in the recent weeks.

- There have been a variety of different concerts which have showcased the excellent musical talent in the school.

- We had our school production of Shrek and many of our students have worked hard to prepare for an incredible production.

- School council have met discussing a variety of topics ranging from sustainability, DREAMS implementation, how to enhance learning provisions and how the school can engage in more charity work.

- Finally, we have seen the launch of the new Curriculum 24 and feedback sessions as the school looks to adapt to ensure students are future ready for a changing world.

I would like to say a huge thank you to the deputies, Saya, Jaskeerat and Jyothi, for all their hard work, support and making this experience one to be remembered. This year would not have been the same without you. Additionally, all of our year group have taken pride in their leadership positions, working hard to make the year the best it can be. Our house captains have worked hard to deliver exciting house meetings and events; our secretary Tara has worked diligently to organise meetings to ensure that the pupil voice is heard and valued.

The whole of year 13 have given up time and effort to really support the school council system and make the student experience the best it can be.

I would also like to thank SLT for their continued support throughout the year, listening and receiving my thoughts, feelings and concerns.

It is my greatest pleasure to pass you on to your next Head Girl of St. Francis' College, Janel Fung. I am sure she will do amazingly and I wish her all the best. Head Girl is not a role for one type of person – that's the beauty of it. You get to make it your own, leave your mark and show your passion for the school.

It has been a real honour to represent St. Francis' College, so thank you all for the opportunity.

# HEAD GIRL'S REVIEW

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## Welcome to our new Head Girl, Janel

Hello everyone! I am Janel, and I am the Head Girl for 2024.

Another term done and dusted; this year is indeed passing by quickly!

In the last week of the first half term, we undertook our Sixth Form Leadership Team handover with a lovely ceremony held in the Chapel. On behalf of the College, I would like to say a huge thank you to our previous Head Girl, Ella Smith, for all her commitment and time to the role. We are also delighted to welcome Grace Winspear as our Deputy Head (Academic), Emily Bryant as Deputy Head Girl (Pastoral), and Natalie Liao as Deputy Head Girl (Boarding). We are eager to serve and contribute to the school positively as a team.

There has been a series of amazing events going this term! The recent staging of 'Shrek the Musical' before the half term break was a delightful success. Congratulations to all the students and staff who contributed to this fantastic production! We are grateful for the dedication and effort invested in bringing it to life, with special thanks to Mrs. Humphrey, Mrs. Bland, and Mrs. Scott. We hope everyone thoroughly enjoyed it!

During the half term break, our students and staff embarked on a week-long skiing trip to Kitzbühel. Despite facing some tough conditions, our students showed determination, resilience, and made significant progress on the slopes. They eagerly embraced the opportunity to learn new techniques, without any fear of falling or the challenging weather. We especially thank the PE Department for organising such a thrilling trip! We also extend our sincere thanks to all the students, teachers, and staff whose efforts made this trip possible, ensuring a safe and enjoyable experience for everyone.

We recently hosted our Music Scholars' Concert, featuring students from various grades showcasing their musical talents. They performed with great confidence and pride. While I may have hit a few wrong notes, I hope it added some entertainment for everyone. A big thank you goes to Mrs. Bland for organising this wonderful event, and to Mr. Herring for accompanying the students, allowing them to perform such beautiful pieces. Words cannot fully capture how impressive all the performances were!

Finally, we had our Scholars' events. It was a pleasure to have Julie Evans, Head of External Communications and Engagement at Macmillan Cancer Support, as our visiting speaker, talking about the 'power to change and inspire'. This diversity of thought will inspire scholars to create their own pieces centred around the theme of power. What a great opportunity for scholars to deepen their thoughts and to hear different voices with different experiences!

I wish everyone a wonderful and restful Easter, spending time with friends and family. Take care and see you all next term!

Best wishes,

Janel  
Head Girl



# THE LIBRARY

## THIS TERM

### VALUE OF THE HALF TERM

Empowerment - Selection of empowering reads  
Appreciation - Books and magazines that encourage appreciating ourselves and others.

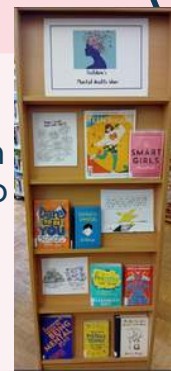


### BOOKTOK DISPLAY

Social Media can encourage reading for pleasure - the 'BookTok' display features new and old books that have current reviews by teens and adults. We have many of these BookTok books in the Library!

### MENTAL HEALTH WEEK

We are lucky to have a year-round 'Bibliotherapy' section with books selected from 'Reading Well' and 'Empathy Lab' lists - to ensure there is a book to cover any number of mental health issues. Some of these were used to create a display promoting an awareness of this important week.



### BOOK CLUB - ROMANCE DISPLAY

Book Club has been creating a Romance novel board in the library. Accumulating book club members own reviews and favourite romance novels.

We have also been discussing our favourite novels as well as new reads coming out.

The book themed colouring in has also been very popular for mindfulness and fun whilst chatting about current reads.





## VICTORIAN VALENTINE TOKENS CRAFT

The Library offered a drop-in craft for all students on Valentines Day. Students were encouraged to make these adorable Victorian paper gifts for friends and family.



## DUKE OF EDINBURGH VOLUNTEERS

The Duke of Edinburgh volunteers have been busy processing and cataloguing books, shelving and tidying books, creating displays:

LGBTQ History Month - The Duke of Edinburgh volunteers helped to create a wonderful display of resources reflecting the theme this year 'Under the Scope'.

International Women's Day/Female Empowerment Day/Women's History Month - The volunteers chose some excellent examples of books that represent empowering females.



## ST. FRANCIS' COLLEGE COMMUNITY JIGSAW

Staff and students have been enjoying the termly jigsaws - we can't believe another one is complete!



## INTERNATIONAL WOMEN'S DAY



We were delighted to welcome local award-winning author Wafa Tarnowska as part of our Female Empowerment celebrations. Her assembly was incredibly engaging and inspiring - she read from her book 'Amazing Women of the Middle East' and shared stories of empowering women she has been inspired by. At lunchtime students were able to purchase her books and have them personalised by Wafa.



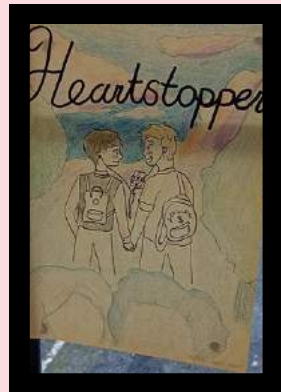
# WORLD BOOK DAY 2024



The students entered so many wonderful submissions this year for the World Book Day Competitions - the judges had a very difficult job! Well done to the following winners who won a £20 voucher to use at David's Bookshop!

Bookish Bake-Off Winner: The Gruffalo Cake by Fran, Immy and Nell

Book Design Winner: Harry Potter by Luka



Booktography Winner: Stories from India by Alisha



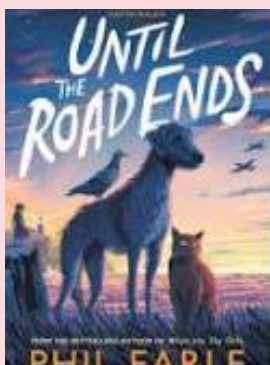




At lunchtime students enjoyed a book scavenger hunt and drop in crafts - designing book covers and completing bookish wordsearches and crosswords.

"When I went to the nhba in 2023, I knew I had to come back! the books this year were so good and I really enjoyed reading them and loved how they were all linked together. Even though I loved reading and discussing the books, my favourite part of the event was meeting Yasmin Rahman, who is one of my favourite authors. It was so inspiring to meet her and I'm so glad I could chat to her!" - Inaya

## North Herts School Book Award

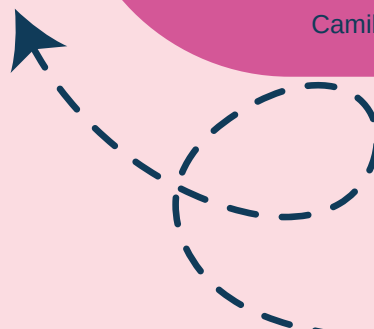


"I am so glad I had this opportunity & I am so grateful for it. It was a great day & I even discovered a genre I love. Thank you so much Mrs McIntyre!" Ekas

On Friday 15th March a selection of our students took part in the North Hertfordshire School Book Awards hosted at Hitchin Girls School. There were a number of other local schools taking part and all students enjoyed discussions about the books they had read and voting for their favourite one. Guest speaker Yasmin Rahman gave an inspiring presentation and she shared words of encouragement to the aspirational writers in the audience. The winner for the Older Category was 'Boy Like Me' by Simon James Green and the Younger Category winner was 'Until the Road Ends' by Phil Earle. These are now available to borrow in the Library!



"I really enjoyed the North Herts Book Award Event, because I found it nice that we had all read the same books, and then we could discuss them together. I also enjoyed the speech from the guest author, and hearing about how she became a writer. Camilla"



# *If only I could take it home* **By Ekas**

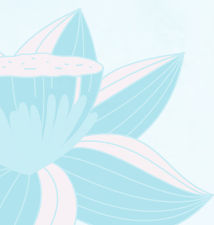


**If only I could take it home...**

**Striving in the springtime, with an antique wicker basket, as hollow as a broken heart. Cumulating petals and lilies from afar, foraging for currants in thorny bushes for hours. Whilst the glorious sun shone upon me, I thought, if only I could take that warmth home.**

**Leisurely strolling by the fringe of the coast, basking in the beauty, gazing down at the cliffs below. Rummaging through rock pools, searching for the tiny treasures, the waves colliding with the jagged rocks, making a peaceful slosh. If only I could take that calmness home.**

**Mesmerised in the musicality of the scenery, I dreamt of collecting lotuses and lily pads floating on the endless river streams, but I couldn't capture the serenity of the sunset or the shimmering white blanket, protecting every speck of land to be seen, if only I could take it home.**





# An Interview with Mr Murphy

Interviewed by Heidi and Emily

## *Where were you born/ where did you grow up?*

I was born in Ireland and grew up on a farm in the countryside about 30 miles from Cork City.

## *Have you always wanted to be a physics teacher?*

Yes. My Physics teacher (who still works at my school) was a great inspiration to me.

## *What's the best part of being a teacher?*

I enjoy working with young people. As a teacher, you are guiding students on their new path that you have often followed many times before. This is what makes the journey. The physics story I learned at school essentially ended in 1900. It is great to teach some of the new physics I learned at university. Astrophysics and Particle physics are popular subjects and these have many unanswered questions for students to ponder.

## *What do you do in your spare time?*

I enjoy spending time with my family, playing board games, going to the cinema.

## *What are you watching on TV at the moment?*

The Chase, The Americans.

## *Do you listen to music? If so, what genre/what is your favourite song?*

I usually listen to Radio 2 downloads. (I won the daily PopMaster quiz, but I couldn't get "3 in 10".) If I had to pick a genre it would be 90s Pop/Chart.

## *How long have you been teaching physics in particular?*

I have been teaching physics since I left university.

## *Have you ever been abroad? If so, where?*

My family didn't holiday abroad so apart from school trips to U.K./Europe, I had only left Ireland 3 times before I moved to study Physics in Manchester. 3 of my favourite places I have been are Geneva (Switzerland), Mumbai (India) and Kampala (Uganda).

## *Describe your personality in three words.*

Shy, patient, modest (!)

## *If you could live anywhere, where would you live?*

Hertfordshire, where I live now. Whenever I leave I always enjoy returning home.

## *What were you like as a child?*

I was shy, imaginative and curious.

## *Is physics your favourite subject?*

Physics is my favourite subject (!)

## *Salt and Vinegar or Cheese and Onion?*

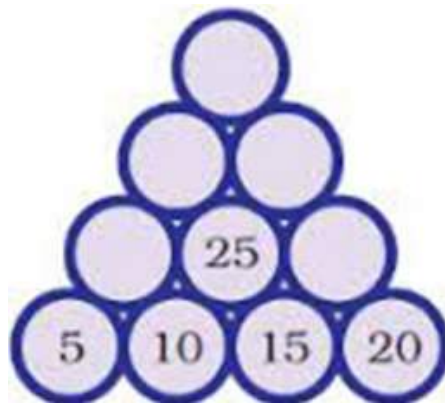
Cheese and Onion.

# CODES & PUZZLES

Codes and coding are everywhere in everyday life, computers and computer-like things, phones, iPad, that kind of thing, are run on a special code called the Binary Code, made up of ones and zeros. As well as that, if you have an Alexa, that will be run on code, to do what you ask it to. It might have a flowchart style kind of code that it uses to run. So, it was Science week recently, and science has lots of codes and puzzles in it. The Periodic Table is made up of all the different elements, and they have names, but they also have a shorter, 2 letter format. You can spell words from them sometimes, see how many you can make...

*by Camilla*

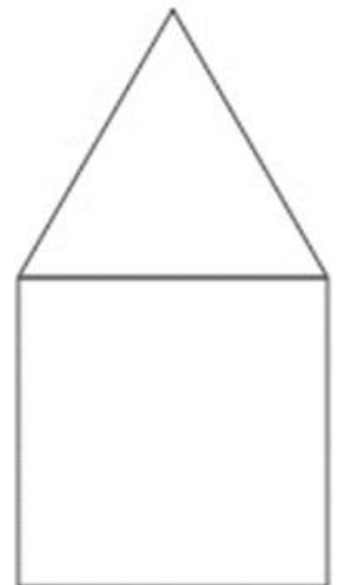
**HAVE A GO AT SOME PUZZLES:**



		6		3	
3	1	4		2	
		5	1	4	3
1	4	3	2		
	3		5	6	2
	6		3		

**HAVE A GO FILLING OUT THE NUMBER TOWER, THE 2 NUMBERS BELOW A CIRCLE ADD TOGETHER TO MAKE THE NEXT CIRCLE, LIKE THE 25, WITH 10 AND 15.**

**Can you draw the house below without lifting your pen up?**



## Periodic Table with Ionic charges

Atomic Number → 1      +1 ← Ionic Charge

Symbol → H      Atomic Mass

Hydrogen ← Name



# AIRBUS TRIP SCIENCE WEEK

## Monday

On Monday we had our Prep V assembly, which is where we lead the assembly about science week. In the assembly we tested some experiments, played a memory game about science and at the end we showed everyone how to make their own lava lamps. This year's science week theme is about *time*! Time is everywhere in our everyday lives, that's why *time* is such an interesting topic for science week.

After our assembly we did a crème egg challenge. The challenge was to wrap the crème egg in different materials so that it wouldn't break when we dropped it off the pyramid.

At lunchtime we went to the senior school labs to do activities on time. One of the activities was to make a sand timer which times exactly 10 seconds. Another activity was to hit a small, weighted ball on the end of a piece of string and make each swing of the ball one second.



## Tuesday

On Tuesday we went to Airbus in Stevenage. We went into the viewing platform of Mars and saw the Mars rovers called Bridget, Brian, Charlie and Jimmy. Airbus staff said that in 2028 they would be sending a Mars rover to Mars.

After seeing the Mars rovers, we made our own paper rockets and launched them into the sky with air pumps.

Then we played in the discovery centre where there are lots of science related games. There was a thermal camera, a lightning ball, a magnet game and more. In the centre of the room was the first rover to go to Mars, named Bridget.

At the end of the day, we made polymorph keyrings. Polymorph is a polymer that is mouldable when put in hot water and cools down when the heat wears off. We added colours to the polymorph and sculpted it into different shapes. We finished our exciting day by travelling back to school in the minibus.

**Written By Roxana**



# SHREK

We asked Bethan, who played Lord Farquaad in this year's musical "Shrek" some questions about her time on the show...

*How did you get yourself into character?*

*Bethan: It was quite hard to capture Lord Farquaad's character at first. I watched a lot of videos of the film and stage versions to try and achieve this. I feel like it was only when I put my costume on that I could really find his character. That's always been the case for me!*

*What was your favourite memory of the show?*

*Bethan: My favourite memory from the shows is when Lord Farquaad is chased by the dragon off the stage. I got to run down the aisle screaming and all the way out of the theatre in the dark. I'll never forget the caretakers faces when they saw Lord Farquaad in some very shiny leggings, sprint past the gym for the bows.*

*What was the most challenging part about your role?*

*Bethan: I think the most challenging part of playing Lord Farquaad were the songs. They were obviously made for a male, so some of the songs went really low. So, I spent some time working out where I could go up the octave and when I could stay down. This meant I could sing it comfortably.*

*If you could have played another character who would you have wanted to play?*

*Bethan: If I had to choose any other role, I'd go for donkey. I love playing comedic roles and some of donkeys lines are just brilliant.*

# SHREK

*What was your favourite scene/song to perform?*

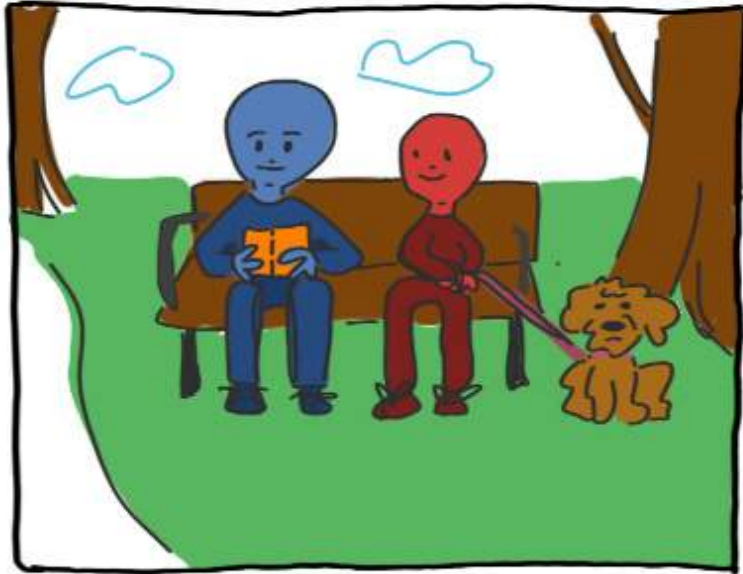
*Bethan: My favourite scene was the scene where I get to 'torture' the gingerbread man. Robin was such a great Gingy and I felt like a lot of lines flowed really naturally for us. It was also a great scene to perform, as it shows Farquaad's villainous intentions perfectly.*

*What show would you like to do next?*

*Bethan: For next year's play, I'd love to do Hairspray. It's such a fun musical and there are so many great songs!*



# Illustrated and created by Emily





# MUSIC

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## Music Scholar's Concert – 11th March

On Monday 11th March, we held a fabulous Music Scholar's Concert. We were treated to a range of different genres in the most supportive environment. Zoë gave her debut solo performance on the drums, performing one of her Grade 8 pieces. Alice, who is preparing for her A Level Music recital, performed on her Saxophone. Emma and Evie, who are both sitting their ABRSM music exams as well as their GCSE Music recitals this term, also sang. It was lovely to have Francesca and Jessica perform a violin duet together. We also heard exceptional performances from Zara, Keira, Louise, Aoife, El, Manna and our Head Girl Janel. Bravo to everyone who performed on Monday, it was most definitely my favourite Teatime Concert so far.



I am delighted to announce that Manna (Yr.10) has won three different prizes at the Watford Music Festival 2024:

1. Piano Baroque Open - First & Distinction (over 85 points)
2. Piano Classical Open - First & Honours (over 90 points)
3. Piano under 14 - Third & Honours (over 90 points)

Huge congratulations to Manna on this wonderful and well-deserved success, I look forward to many more to come.

Manna has also passed her performance diploma on the piano. This is an incredible achievement. Also a huge thank you to Manna for her outstanding performance in our St. Francis' de Sales assembly this term.



Mrs Bland has been extremely impressed with her Tech Team this term. They have given up their free time to support the Prep V show. They have programmed the lighting and managed all the sound and lighting cues for both shows. They were all calm and controlled under pressure, worked so well as a team and helped make the Prep V show a huge success.



SOME YEAR 8 STUDENTS HAD AN INTERACTIVE SESSION BEING INTRODUCED TO DIFFERENT INSTRUMENTS. THEY SHOWCASED SOME EXCELLENT PEER TO PEER LEARNING AND WE FOUND A WEALTH OF HIDDEN TALENT AND SKILLS.

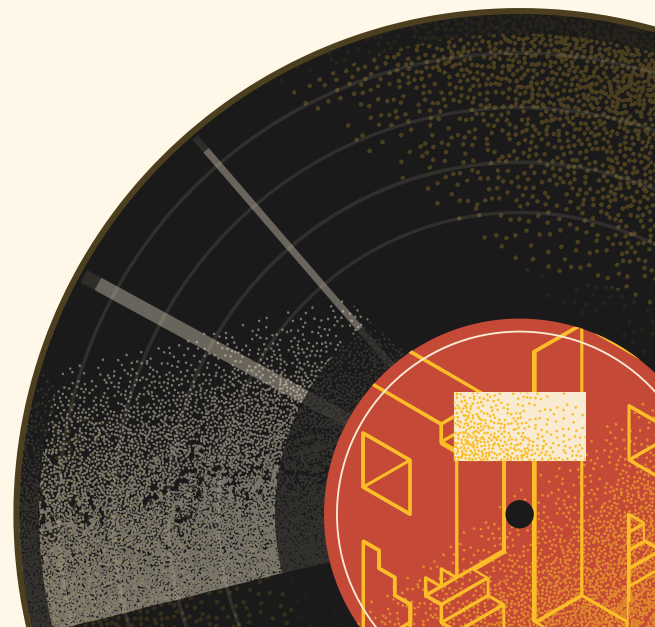


Year 8 Choir:

**'Highly commended'**

GSA Choir of the Year Competition.

The judges said they "narrowly missed out" on being in the final and commented there was "A lovely blended sound in repertoire that was delivered with impressive conviction."





**SHREK PRODUCTION – PHOTOS – WELL DONE TO ALL THE CAST, BAND AND CREW.  
THE BRILLIANT ‘OGRESTRA’ DIRECTED BY MRS BLAND.  
MANY THANKS TO ZOË AND AMELIE (BOTH YEAR 11) FOR THE AMAZING PHOTOS.**







# prep V production of The Emperor's New Clothes



# BOARDING ACTIVITIES

## WHAT HAS BOARDING BEEN UP TO THIS TERM.



With mocks and exam season approaching, many Boarders have been knuckling down to revise and making use of the revision sessions available to them during term time. However, although the Boarders are all studying hard, they have also been spending time creating, organising and trying new activities. There has been a lot of creativity within the Boarding House where many have been working hard on their art and photography projects, writing poetry as well as some even taking part in a manga workshop with a professional artist. The Boarders have also been trying out their culinary skills and making feasts for their friends at the weekends, making the Games Room feel very homely and imbuing a real sense of community. In our Boarding Book Club, the students have written some very articulate reviews of the twisty 'One of Us Is Lying' and are now halfway through this term's novel: *Shatter Me*. Between art club and sports tournaments, bake-offs and weekly swims, the Boarders have been busy this term!



# Romance reads

by Inaya Lad

find your next feel-good romcom or heart-wrenching romance



Y9+

...or any lynn painter book

Liz has dreamed of the perfect senior year. Not only has her childhood crush returned, but prom is right around the corner. In order to get noticed, she enlists her annoying neighbour Wes, but things get complicated when she starts catching feeling for him...



Y8+

N

Charlie knows he has a crush on popular rugby player Nick Nelson, and when they hang out more, Nick realises he has a crush on Charlie too. Follow the pair on their journey from prequels, sequels and volumes 1-6.



Y10+

Julie Clark has her future planned out: move out of her town with boyfriend Sam attend college in the city and spend a summer in Japan. But then Sam dies and Julie can't cope. She throws out all his things and doesn't attend his funeral... but when she hears his voicemail and calls his number, Sam picks up.



Y9+

N

Lara Jean is a romantic, writing secret love letters, never sent. to all the boys she's loved before. But when the letter are released, Lara Jean has to confront her fears on love whilst being confronted by boys from her past and present.

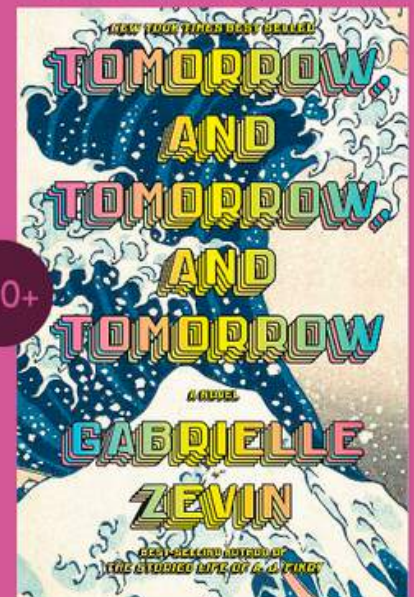


Y10+

N

...or any david nicholls book

Dex and Em. Em and Dex. Forever. Follow these friends to lovers in 20 years, on the same day, in one book. Heartbreakingly beautiful.



Y10+

Sam and Sadie bonded over their love of video games... join them on their love, friendship and everything in between over 30 years...



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# *SFC Ski Trip* TO KITZBÜHEL

By Chloe

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Located in the heart of the Austrian Alps, Kitzbühel stands as a beacon for winter sports enthusiasts worldwide. Its charming alpine village, breathtaking mountain scenery, and world-class ski runs make it a coveted destination for those seeking adrenaline-pumping adventures on the snow. Recently, St. Francis' students were the ones to embark on a school ski trip to Kitzbühel, Austria, ready to embrace the thrill of snow sports and create lasting memories.

The journey began with a long, arduous 24-hour coach ride from Letchworth to the snowy Austrian Alps. While the cramped quarters and endless hours on the road somewhat tested our patience, with a couple of amazing movies playing on the coach, like *Tangled* and *Grease*, and the anticipation of what awaited us, our moods were never dampened. As we traversed through various landscapes, excitement grew with each passing mile, and finally, the snow-capped peaks of the Austrian Alps came into view, signalling our arrival in Kitzbühel.

Enthusiastic and energised on our first day (for some of us), we wasted no time in gearing up and soon we were on the slopes. For some, it was their first encounter with skiing on an actual mountain and the improvement made by everyone in such a short time set the tone for the days to come. Beginners found solace on gentle slopes, mastering the basics under the guidance of experienced instructors, while seasoned skiers challenged themselves on more advanced terrain.

One of the highlights of the trip was tackling the infamous Streif, one of the most demanding downhill ski races in the world. With its steep gradients, sharp turns, and the slushy snow as an extra challenge, it tested everyone's patience and skill. While some navigated the course with finesse, others met with falls and tumbles, but all emerged with a sense of accomplishment and a newfound respect for professional skiers.

Another activity that everyone of all abilities enjoyed was snow tubing, an amusing activity involving sliding down a slope on an inflatable ring. We all eagerly awaited our turn to slide down the powdery slope but before the fun of the highly anticipated snow tubing we had to make it up the magic carpet which some people found easier than others to master. Despite being mildly scary, it was fun and everyone, including instructors, got involved by throwing themselves down the slopes in the hopes of making it the furthest. Laughter and camaraderie flourished amidst the flurry of activity, creating cherished moments of pure joy and exhilaration against the backdrop of the snowy landscape.

Away from the slopes, we immersed ourselves in the charm of Kitzbühel village, exploring its quaint streets lined with traditional chalets and cosy cafes. We all enjoyed hot chocolate and were able to chat and rest in between our times on the mountain. However, a favourite venture for many was our pool trip. The chaos and scariness of the water slides could easily beat any fear felt going down a black slope. The vicious lazy river also entertained us greatly as large groups of us tumbled through the waves of jets in circles repeatedly.



As the trip drew to a close, we reflected on our time in Kitzbühel with gratitude and appreciation for the incredible opportunity we were given by our parents and the teachers who organised the trip. From the thrill of snow tubing to the challenge of skiing down the Streif, each moment had been an adventure to cherish. Numerous embarrassing falls will replay in our minds, as well as the utter hysterics of those who saw, which humbled everyone on the slopes. And while the memories of the long, painful coach ride faded into the background, the exhilaration of conquering the slopes would stay with us forever, a testament to the unforgettable experiences that await those who dare to seek the snowy wonderland of Kitzbühel, Austria.



## *Art and Photography: Year 10*



Immerse yourself in the enchanting world of nature through the exquisite masterpieces crafted by our talented GCSE Year 10 artists. Delving deep into the heart of the natural world, these budding creatives bring forth a mesmerizing array of interpretations and expressions. Each artwork serves as a testament to their passion and dedication to capturing the essence of the environment around us. Witness their keen eye for detail and profound appreciation for the wonders of nature as they skillfully blend colours, textures, and forms to evoke emotions and spark the imagination. Please, enjoy a few photographs of their amazing work.

# Charities

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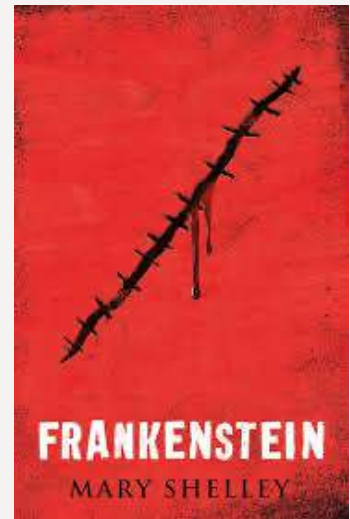
Here we are the halfway point of the year and I can confirm that we have raised £2799 so far in donations! 40% of that comes just from staff and student donations and the rest is from a mixture of staff, students and outside donors, such as family members who come to see shows and so on. Of that amazing total of £2799, nearly 30% of that has gone to local charities. Letchworth has some of the most privileged parts of Hertfordshire and some of the most underprivileged, so you never know, but you might be walking past someone on Broadway or in Morrisons who is struggling to pay for groceries or who is feeling unsafe at home. Your donations may be helping someone you see on your way in each day, without you even knowing it, so thank you so much for all your support!



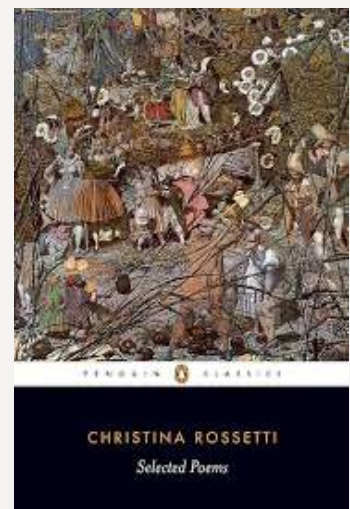
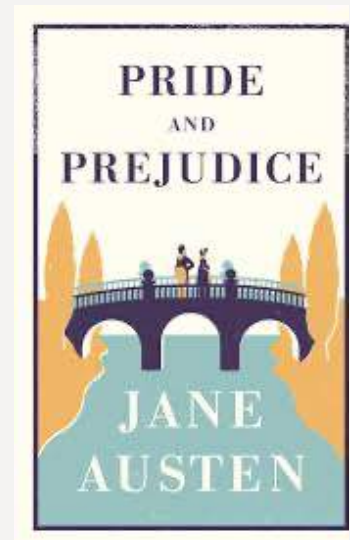
# English

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The English department has been incredibly busy this term. Mr Garner and Mrs Humphrey have been running an interactive Shakespeare workshop for external primary schools which have been a huge success! They have made Shakespeare accessible for younger students through fun and engaging activities.



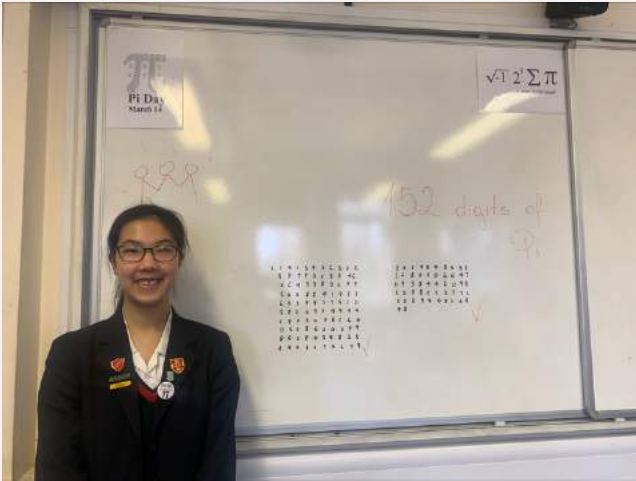
In the senior school, there has been a wide variety of literature studied and skills developed. In Year 7, students have been working on their creative writing skills and have produced some incredible stories. Year 8 have been covering a collection of 19th Century literature such as 'Great Expectations' and 'Pride and Prejudice', which they have absolutely loved! In Year 9, students have been studying poetry from a variety of cultures, delving into the works of poets such as John Agard and Grace Nichols. Furthermore, in Year 10, students have been covering Mary Shelley's gothic classic, 'Frankenstein'. Year 11 have been focusing their lessons on revision, in particular of 'Pride and Prejudice' and 'Twelfth Night'. Finally, Year 13 have been finishing their A-Level course by covering the works of Christina Rossetti.





# Maths

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March 14th was Pi Day. Students tried to break their record of reciting pi to as many decimal places as possible. Our winner was Yo-yo Chan, who could recite over 150 digits, breaking her record from last year! Staff and students also wrote a 'pi poem' where the number of letters in each word matches the digits of pi. Here is one of the poems written by Mr Mabbitt:

There has been lots going on in maths this term.

We continue to have many entries to Puzzle of the Week which most students in Year 7 and 8 complete.

Our students in Years 9 to 11 competed in the Maths Challenge in February, achieving some excellent results. Two students achieved so highly that they went on to sit the Kangaroo Challenge in March.

Number day was celebrated in February too. In the senior school, we discussed types of numbers and had a go at some countdown challenges! In the Prep school the students dressed up for number day and welcomed parents to the Year 4 class assembly. From Prep 1 designing number hats and counting with bubbles to older children watching and learning how to deliver mathematical, magical tricks in a workshop, the whole of Prep had a super day. At break time, the children enjoyed the sunshine and some physical number challenges to get them moving as well as a whole host of times tables RockOffs. At lunch, the children enjoyed delicious number treats too!

3 Pie  
1 a  
4 food  
1 a  
5 crust.  
9Delicious  
2 to  
6 devour  
5 munch  
3 and  
5 scoff.  
8 Tempting,  
9 legendary,  
7 savoury,  
9 plentiful  
3 pie.  
2 It  
3 can  
8 brighten  
4 your  
6 winter.

In March, Year 10 set 1 took part in the Maths Challenge, a team competition run in Hertfordshire. Each team of four had to work together to problem solve and apply their mathematical ability. It was an online competition and we were pleased that Team Ash won two awards for being in the top 5 on two of the rounds.

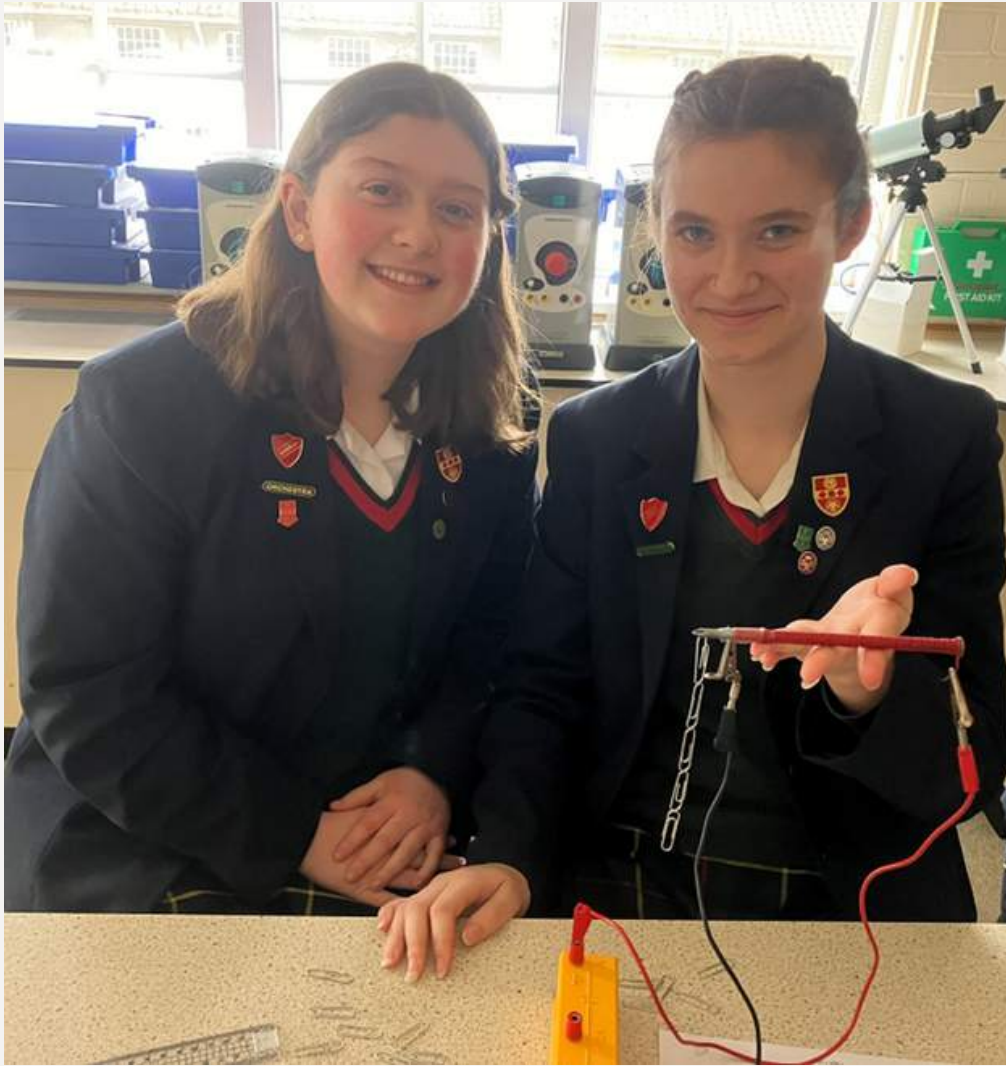




# Physics

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As Year 11 approach the end of their GCSE Physics course, they have been making connections between electric and magnetic fields.



Year 9 Eurekas competition

Each student in Year 9 have researched and prepared a presentation about the Physics that they are interested in.



# Drama

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## Shrek.

We had such an incredible time performing Shrek the Musical to you all before February half-term. The quality of performances from the students involved was absolutely fantastic. The support received from students in Years 9-13 was stupendous. The Orchestra were wonderful. It was very sad when it was all over! I am currently taking suggestions for next year's musical and there is a poster up in the Drama studio where you can submit your ideas.



**This term, we look forward to supporting our Year 10 and 11 GCSE students as they embark on their Devised and Scripted practical examinations. Look out for dates in the Bulletin as to when you can come and support your friends.**



Being new to the College, I am keen to encourage as many students as possible to benefit from the incredibly academic and creative opportunities a GCSE or A-Level in Drama can offer. I am keen to run A-Level Drama from September 2024 and have had exciting conversations with students who are considering it. The UCAS website highlights the versatility and benefits of Drama at A-Level:

Drama, as an expressive subject, offers a different perspective into the human experience through the art of performance. It will enhance your understanding of theatrical techniques, storytelling, and the collaborative process of creating compelling narratives.

Beyond the stage, Drama offers invaluable skills to open up many career paths. Graduates can use their creativity, adaptability, and communication prowess in fields such as film and television production, advertising, public relations, and event management.

As well as the obvious careers, the understanding of human emotions and perspectives becomes a valuable asset in roles ranging from teaching and counselling to corporate training and leadership development. So whether commanding the spotlight as an actor or working behind the scenes in production and management, Drama offers a great foundation for a fulfilling career journey.

**CHOOSE  
DRAMA**

**"Academic versatility can only be a good thing in a world where we will all be living and working longer, and where more of us are likely to change our careers and directions along the way."**

Tim Bradshaw, Chief Executive, Russell Group  
[essentialdrama.com](http://essentialdrama.com)



If you are considering Drama for GCSE or A-Level next year and would like further information about the exciting opportunities available to you, please do not hesitate to e-mail and make an appointment to see Mrs Humphrey.

# PE

Now its time to look into some of the sprting acheivements from this term..Well done everyone for such amazing results!!



## FOOTBALL U14 FRIENDLY



### Year 8 & 9

❖ Played HGS

❖ L 1-6

0-2 HGS A (L), 0-2 HGS B(L), Priory  
1-0(W), 0-1(L) Highfield, 1-1 KTS  
(D)



Results:

Well done team:

» Emily P	» Sophie C	» Luca
» Molly R	» Ife	» Miah
» Emma- Jane	» Keria	» Alisha K
	» Zaina	



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# DISTRICT SWIMMING GALA



EVENT	JUNIOR	INTERMEDIATE	SENIOR
Back Stroke	Elizabeth B	Sarah H	Evie B
Breaststroke	Rosie S <b>1<sup>st</sup></b>	Carina L	Acharya M <b>2<sup>nd</sup></b>
Fly	Isla C	Sydney L	Janel F <b>2<sup>nd</sup></b>
Freestyle	Camilla D	<u>Zaina S</u>	Macy E <b>3<sup>rd</sup></b>
Medley Relay	BC Elizabeth B BS Rosie S FLY Isla C FS London-Grace D <b>3<sup>rd</sup></b>	BC Carina L BS Alisha B FLY Sydney L FS Hannah J <b>3<sup>rd</sup></b>	BC Evie B BS Ash M FLY Janel F FS Lydia R <b>2<sup>nd</sup></b>
Freestyle Relay	Elizabeth B Rosie S Isla C Camilla D	Sydney L Hannah J Heidi P Manna N	Lydia R Macy E Janel F Christine L <b>3<sup>rd</sup></b>
Overall Place: St Francis – <b>2<sup>nd</sup> Overall!</b>	<b>4<sup>th</sup></b> 	<b>4<sup>th</sup></b>	<b>1<sup>st</sup></b> 

Well done to everyone who represented the College



## HOCKEY – INDOOR 6 ASIDE DISTRICT TOURNAMENT



Well done  
Champs!

**Year 9**  
**1<sup>st</sup> Place**  
**GOLD**

**Year 8a**  
**2<sup>nd</sup> Place**  
**SILVER**  
**MEDALS**



**Year 10**  
**3<sup>rd</sup> Place**



**Year 8b**



# U15 INDOOR CRICKET COUNTY TOURNAMENT

Well done to all the Year 9s & 10s who represented the College at the U15 Cricket Tournament

Well done team:

- » **Serena**
- » **Jess**
- » **Lousie**
- » **Shivani**
- » **Inaya**
- » **Ilina**
- » **Elizabeth**
- » **Keira**



# U13 INDOOR CRICKET COUNTY TOURNAMENT

Well done to all the Year 7s & 8s who represented the College at the U15 Cricket Tournament

Well done team:

- » **Nell**
- » **Tega**
- » **Immie**
- » **Em B**
- » **Miah**
- » **Aanya**
- » **Fran**
- » **Isla T**





# NETBALL

## Y8 DISTRICT TOURNAMENT

The team played excellently and won 7 of their games and lost 2. They lost to Priory by only 1 goal, finishing 3<sup>rd</sup> overall. Well Done!



**Results:**  
3<sup>RD</sup>  
**PLACE**  
**BRONZE**  
**MEDALS**



**Well done team!**

- |                 |                    |
|-----------------|--------------------|
| » <u>Em</u>     | » <u>Tega</u>      |
| » <u>Amelia</u> | » <u>Fran</u>      |
| » <u>Amelie</u> | » <u>Nell</u>      |
| » <u>Immie</u>  | » <u>Charlotte</u> |

# NETBALL Y9

## EMERGING SCHOOLS

**Results:**

- Alendham 1-15 L
- Haileybury Turnford 8-1 W
- Goff Academy 9-7 W
- Chauncy 5-8 L
- St Christophers 5-6 L
- Simon Balle 3-10 L
- Goffs Churchgate 10-1 W



**Well done team:**

- |                  |                   |
|------------------|-------------------|
| » <u>Patrica</u> | » <u>Jess</u>     |
| » <u>Freya</u>   | » <u>Molly R</u>  |
| » <u>Leana</u>   | » <u>Alisha K</u> |
| » <u>Keira</u>   | » <u>Luca</u>     |
| » <u>Zara</u>    |                   |



# NETBALL Y10 DISTRICT TOURNAMENT

Year 10 Netball and Year 8 Football Tournament



**Well done team:**

- » **Sophia C**
- » **Hannah J**
- » **Shivani**
- » **Kali**
- » **Chloe**
- » **Serena**
- » **Alisha**

# NETBALL PREP TOURNAMENT OFFICIALS

**Well done to all  
the Netball  
Official and  
helpers who  
made the Prep  
tournament  
happen!**



- » **Petra**
- » **Kali**
- » **Chloe**
- » **Sarah**
- » **Ilinca**

**Thank you!**



# Interhouse Competitions

## Netball

Yr 7

Yr 8

Yr 9

Yr 10

Yr 11

6th Form

 <b>Athene</b>	 <b>Athene</b>	 <b>Artemis</b>	 <b>Hera</b>	 <b>Athene</b>	 <b>Athene</b>
 <b>Artemis</b>	 <b>Artemis</b>	 <b>Athene</b>	 <b>Selene</b>	 <b>Selene</b>	 <b>Selene</b>
 <b>Hera</b>	 <b>Hera</b>	 <b>Hera</b>	 <b>Artemis</b>	 <b>Hera</b>	 <b>Hera</b>



## Football

Yr 7

Yr 9

Yr 11

 <b>Athene</b>	 <b>Artemis</b>	 <b>Athene</b>
 <b>Artemis</b>	 <b>Athene</b>	 <b>Selene</b>
 <b>Hera</b>	 <b>Selene</b>	 <b>Hera</b>





# Benchball

**Yr 7**

**Hera**

**Artemis**

**Athene**

**Yr 11**

**Selene**

**Athene**

**Hera**

**6th Form**

**Hera**

**Selene**

**Artemis**





# PHOTOGRAPHY

By Sarah



# EDITORS NOTE

**ANNA AND JESS**

**We would both just like to thank you all for reading the third edition of the SFC post. After being the editors of the newspaper it is now time for us to say goodbye and pass it on to the next editor.**

**Thank you so much for reading the newspaper over the past few terms we have really appreciated the support. We also want to thank all of the students and teachers who were involved in sending in articles and helping us throughout the term!**

**We hope you all have a great Easter holidays!**

