




## Lunch

| Week Two | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup | Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day |
| Meat Dish | Mild chilli con carne (G/F) | Pork ragu pasta bake | Roast turkey breast with all the trimmings | Chicken gyros (G/F) | Hotdogs in buns |
| Reception/Prep <br> 1 Meat dish | Mild chilli con carne (G/F) | Pork ragu pasta bake | Roast turkey breast with all the trimmings | Chicken gyros (G/F) | Hotdogs in buns |
| Vegetarian | Vegetable and bean chilli (G/F) (Vegan) | Vegan penne bolognaise (Vegan) | Crispy topped cauliflower cheese (V) | Falafels (Vegan) | Vegan hot dogs in buns |
| On the side | Rice, tortilla chips, peas and sweetcorn | Garlic bread, fine beans and baby carrots | Baby roast potatoes, roast carrots and parsnip and broccoli | Warm pitta bread, tzatziki, herby potatoes and salad cabbage | Skin on fries, BBQ beans and sweetcorn |
| Daily items | Hot sandwich/panini/pastry of the day, sweet potato/jacket potato and baked beans |  |  |  |  |
| Pasta/Gnocchi or Risotto | Pasta with tomato lentil and basil sauce (Vegan) | Gnocchi with roasted Mediterranean vegetables (Vegan) | Butternut squash risotto (Vegan) | Gnocchi with zucchini and four cheese sauce (V) | Spaghetti with pomodoro sauce (Vegan) |
| Hot or cold dessert | White chocolate cookie | Iced strawberry and vanilla mousse | Chocolate eclair | Fruity oat bake | Choc ice |
| Daily Desserts | A bakers box, a selection of dessert pots, cheese and biscuits, fruit yoghurt \& fresh fruit salad |  |  |  |  |





Supper

| Week Three | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main course one | Classic beef lasagne | Beer battered fish with tarter sauce | Chicken Karahi | Coq au vin | Sticky pineapple chicken | Crispy chicken wings with dipping sauces |  |
| Main course two | Vegetable lasagne | Fishless fingers | Chili paneer | Quorn au vin | Sticky pineapple Quorn | Bang Bang mushrooms | Roast turkey and all the trimmings, roast potatoes and vegetables |
| On the side | Garlic bread broccoli | Chunky chips and mushy peas | Basmati rice <br> Chapatti <br> Green salad | Lyonnais potatoes <br> Garlic green beans | Jasmine rice <br> Mange tout | Special fried rice <br> Sautéed Chinese cabbage and bean shoots | Vegetarian option |
| Hot or cold dessert | Fruit platter | Scones with jam and cream | Carrot halwa with ice cream | Fruit platter | Eaton mess tarts | Artic roll | Chefs choice |

Selection of fresh bread \& salad, yoghurt pots \& whole fruits

